



# Town of Reading Meeting Posting with Agenda

**RECEIVED**

By Town Clerk GP at 5:03 pm, Mar 27, 2024

2018-07-16 LAG

## Board - Committee - Commission - Council:

Board of Health

Planning Committee

Date: 2024-04-03

Time: 1:00 PM

Building: Reading Town Hall

Location: Select Board Meeting Room

Address: 16 Lowell Street

Agenda:

Purpose:

Community Health Improvement Plan Meeting

Meeting Called By: Board of Health and Pear Associates LLC

Notices and agendas are to be posted 48 hours in advance of the meetings excluding Saturdays, Sundays and Legal Holidays. Please keep in mind the Town Clerk's hours of operation and make necessary arrangements to be sure your posting is made in an adequate amount of time. A listing of topics that the chair reasonably anticipates will be discussed at the meeting must be on the agenda.

**All Meeting Postings must be submitted in typed format; handwritten notices will not be accepted.**

## Topics of Discussion:

The Reading Public Health Department and its partners have engaged Pear Associates, a consulting firm, to conduct a Community Health Needs Assessment and create a Community Health Improvement Plan (CHIP). This process resulted in the identification of 3 priority health needs that need to be addressed. The purpose of this meeting is to identify strategies and approaches that make sense for our town to address these leading health needs:

### Preventive Health Screenings and Treatment Services:

- Improve awareness and access to preventive health screenings and services for those in need of support.
- Support linkages to mental health and behavioral health treatment services for those in need of support.

### Healthy Environments and Inclusive Programs

- Support the creation and promotion of healthy places, spaces, and programs for people of all ages and abilities.
- Increase opportunities for community connections and supportive services for those in need of support.
- Build resilience among youth and young adults to foster wellbeing and belonging.

### Healthy Eating & Active Living

- Increase healthy behaviors across the lifespan by making the healthy choice the easy choice.

*If you are able to join us, please RSVP no later than Tuesday (4/2) at this link:*

<https://www.surveymonkey.com/r/ReadingCHIP>

This Agenda has been prepared in advance and represents a listing of topics that the chair reasonably anticipates will be discussed at the meeting. However the agenda does not necessarily include all matters which may be taken up at this meeting.